

Prof. John Buckley, MSc Exercise Medicine/BSc Health & Exercise Science (Shrewsbury)



John's career in sport (originally as a tennis coach) and in exercise and health (exercise physiologist) has spanned over 30 years. It includes having set up his own exercise, fitness and physiotherapy business in Shrewsbury and managing it with his physiotherapy partners for 21 years. In parallel to this, since 1989 he has held part-time teaching and research posts initially in the School of Physiotherapy at Keele University (1989-2006) where he gained his PhD in 2003, and then in 2006, moving to the University of Chester to lead up the MSc in Cardiovascular Rehabilitation. Since 1999, he has also held the position of Exercise Physiologist at the national McArdle Disease Clinic, which is now based at the MRC Neuromuscular Centre, University College Hospital London.

He has held positions of national and international leadership in sport and exercise science and cardiovascular health and rehabilitation, including: President of the British Association for Cardiovascular Prevention and Rehabilitation (2009-2011); Chair of the BASES Division of Physical Activity for Health (2003 – 2007); Advisory panel member, Department of Health Commissioning Guide for Cardiac Rehabilitation; Expert panel advisor to Skills Active (Since 2002); Co-chair and co-author of the International Charter on Cardiovascular Prevention and Rehabilitation.

John's health & recreation pursuits and hobbies include playing tennis as a member of the Shropshire County Senior Men's team, and Trumpeter at the Shrewsbury Cathedral and in small Jazz ensembles.

