

CURRICULUM VITAE OF PROFESSOR EMERITUS HAN C G KEMPER

Han CG Kemper is born in 1941 in Amsterdam and married with G. Bertheke Post. He is the father of two daughters: Ilse and Birgit and grandfather of five grandchildren: Ruben, Sten, Kirsi, Tom and Jim.

He changed career from teaching in physical education (St Ignatius College in Amsterdam, 1963-1973) to an academic position as exercise physiologist at the University of Amsterdam (1965-1980).

He taught sports physiology at the Central Institute for Sport Coaches (CIOS) in Overveen (1968-1971) and at the Higher Institute for Physical Education (KALO) in Tilburg (1971-1985).

He finished his PhD at the Free University in Brussels (Belgium) in 1968. Title of his thesis is: Experimental research into the effects of differential training (force, speed, coordination and endurance) methods on standardized arm movements.

In 1985 he was appointed as full professor at the Faculty of Human Movement Sciences at the University of Amsterdam and the Vrije University in Amsterdam. His chair was teaching and research of Health Science with respect to Physical Activity”.

In 1996 he joined the VU University Medical Center in the EMGO+ Institute for Care and Health Research (now: Amsterdam Public Health Research Institute at Amsterdam UMC).

He was the principle investigator of the Amsterdam Growth and Health Longitudinal Study (AGAHLS) from 1974 till 2004. With his research group he published more than 350 articles in (inter)national journals and 10 books (or chapters in books).

He was Associate Editor of Pediatric Exercise Science (USA) from 1988 till 2018.

From 1998 till 2012 he was member of the Health Council of the Netherlands (Gezondheidsraad) and president of two standing committees about “Prevention of overweight and obesity” and “Relationship between physical activity and physical environment”.

Han CG Kemper received three honorary degrees from universities in London (UK, University of Surrey) in 1998, Budapest (Hungary, Semmelweiss University) in 2001 and Riga (Latvia, Radins University) in 2004.

In 2002 he received in St Louis (USA) the citation award from the prestigious American College of Sports Medicine based upon his publication records in the field of Sports and Exercise Sciences.

His citation records in 2016 from the ISI Web of Knowledge amounts more than 5000 citations from 200 articles. The average citation per article is 25 and his Hirsch Index (H) is 57.

Since his official retirement in April 2004, he reduced his scientific non-fiction writing in favour of fiction; something which started as a hobby- writing fairy tales for his grandchildren- and which he hopes to develop. Presently he is writing his “memoires”.

In his free time he worked 10 years as volunteer for the Dutch organization Victims Help (SHN) and nowadays he is a consultant for the Dutch Association for Euthanasia (NVVE).

As a human movement scientist, he is not only preaching daily physical activity (Dutch norm of 30 minutes daily exercise of moderate intensity) but also practicing: jogging, bicycling, playing tennis and volleyball with friends and visiting the sport school weekly with his wife for other exercises.